



THE NAIROBI HOSPITAL

THE NAIROBI HOSPITAL COVID-19 PREPAREDNESS PLAN

The Nairobi Hospital remains committed to providing healthcare in an atmosphere of trust and patient safety while ensuring that all staff, visitors and other stakeholders are indeed safe. The Hospital Management Team wishes to inform the public that we have implemented the following key adjustments with effect from Wednesday 25th March 2020 at 6:00pm:

1. New restrictions on Hospital visitations:
 - a. A single time window for visitations. **Our new visiting hours are 4:00pm to 6:00pm only.**
 - b. Only one (1) visitor allowed per patient in All our wards. This restriction includes our critical care areas – Accident and Emergency Department, Intensive Care Unit & High Dependency Unit
 - c. Children below the age of twelve (12) years are not allowed in the hospital or any of our Satellite clinics unless they are patients.
 - d. External food & drinks – Prohibited until further notice.
 - e. External items e.g. flowers, cards, gifts etc. –Prohibited until further notice.
2. Our Anderson Specialty Clinics will no longer be accepting walk-ins but rather will see patients strictly on an appointment basis. The only exceptions shall be our Obstetric, Vaccination, Family Health/Diabetes and Well-Baby clinics. To make an appointment please call **0730666861 or 0730666860 or email andersonclinic@nbihosp.org**
3. Our Satellite facilities will continue to be open but offer Accident & Emergency services only – Specialty clinic services will be suspended.
4. For clients in need of filling their prescriptions kindly note we are accepting prescriptions via email at **medicinedelivery@nbihosp.org or WhatsApp on 0702 314266**. The hospital will do delivery at the cost of Kshs. 400 per trip via G4S.

These measures will decongest our facilities and help to further reduce transmission risks to both staff and the public –any inconvenience caused is regretted. For any further inquiry feel free to contact us **directly on 0202845000 / 6000 / 0703082000 or email hosp@nbihosp.org**. We urge calm even as we step up vigilance at The Nairobi Hospital in tandem with the Government of Kenya response strategy.

DR. ALLAN PAMBA
CHIEF EXECUTIVE OFFICER