



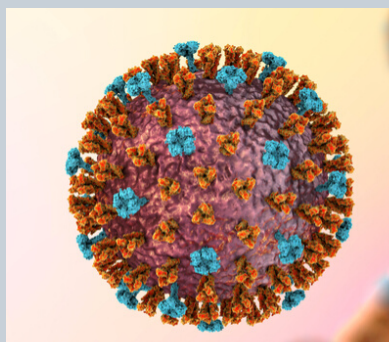
THE NAIROBI HOSPITAL

FACT SHEET COVID-19

WHAT IS CORONAVIRUS DISEASE - 2019 (COVID - 19)?

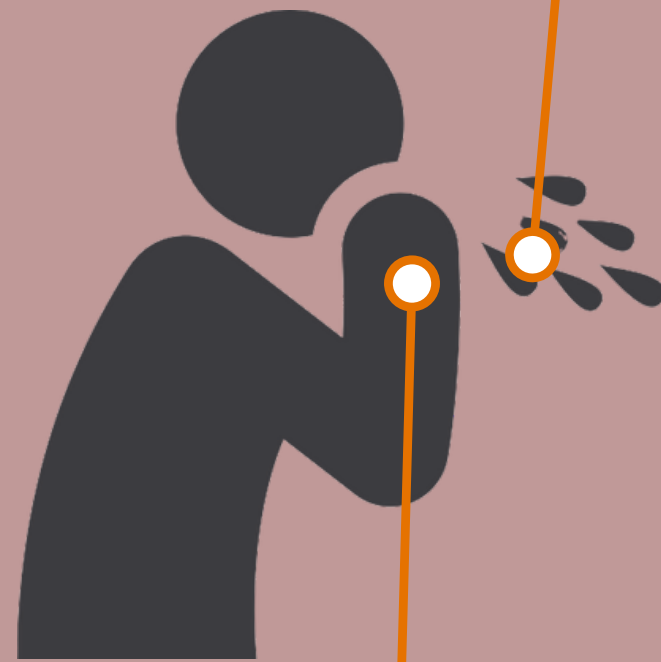
COVID - 19 is a strain of Coronavirus that causes respiratory illness. The first case was identified in China.

Report to a healthcare worker or contact the Ministry of Health via their Helplines 0800721316 (toll free) or 0729471414 or 0732353535 if you have the symptoms or a history of travel to/or residence in a country, area or territory that has reported local transmission of COVID-19 disease during the past 14 days



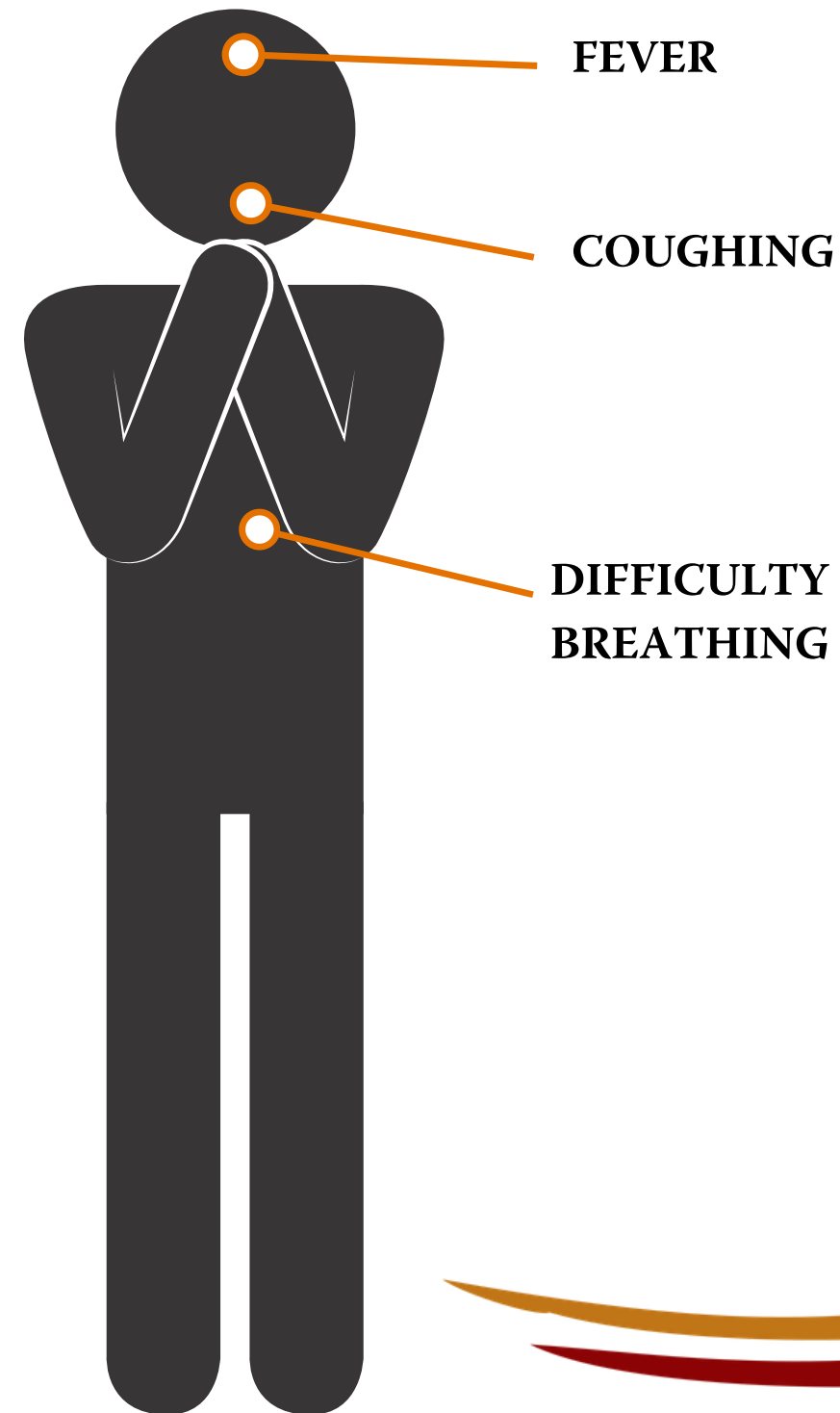
TRANSMISSION

- DROPLETS FROM COUGHING & SNEEZING



- TOUCHING OR SHAKING HANDS
- TOUCHING YOUR MOUTH, NOSE, OR EYES BEFORE WASHING YOUR HANDS

SYMPTOMS



REDUCE THE RISK OF INFECTION BY:

1. WASH YOUR HANDS REGULARLY WITH SOAP



2. COVER YOUR MOUTH & NOSE WHEN COUGHING & SNEEZING





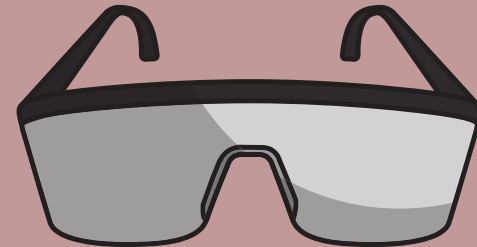
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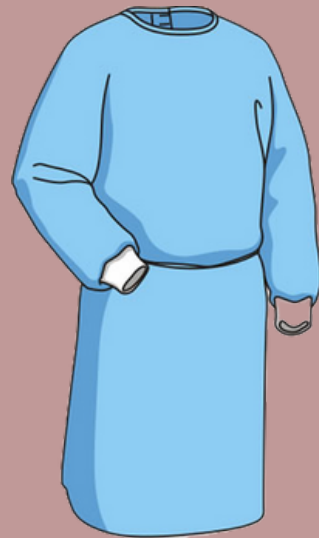
PERSONAL PROTECTIVE EQUIPMENT FOR HEALTH WORKERS



- N 95 FOR HEALTH-WORKERS



- WEAR GOGGLES



- WEAR GOWN



- WEAR GLOVES

PREVENTION MEASURES TO TAKE



1. STANDARD PRECAUTION

- PRACTICE THE 5 MOMENTS OF HAND HYGIENE
- WEAR PERSONAL PROTECTIVE EQUIPMENT
- USE & DISPOSE OF SHARPS SAFELY
- PERFORM ROUTINE ENVIRONMENTAL CLEANING
FOLLOW RESPIRATORY HYGIENE & COUGH
ETIQUETTE
- USE ASEPTIC TECHNIQUE
- HANDLE & DISPOSAL OF WASTE & LINEN SAFELY

2. CONTACT PRECAUTION

- WEAR APPROPRIATE PPE FOR THIS PRECAUTION
- PRACTICE HAND HYGIENE
- LIMIT TRANSPORT OF PATIENTS TO MEDICALLY
NECESSARY PURPOSES

3. DROPLET PRECAUTION

- WEAR PERSONAL PROTECTIVE CLOTHING
- PRACTICE HAND HYGIENE
- LIMIT TRANSPORT OF PATIENTS TO MEDICALLY
NECESSARY PURPOSES

